

It might be gloves. It's always hand hygiene.



Did you know?

A research project, Gloves Off!, at John Hunter Hospital found that across the Hunter region in NSW:

- 23.3 million non-sterile gloves were used annually
- 97 tonnes of gloves were sent to landfill (that's the weight equivalent of an adult blue whale!)



WORLD HAND HYGIENE DAY *Quiz*

5 MAY 2025

1. What song is often recommended to sing for the duration of hand washing?
Answer:
2. What is one of the easiest and most effective ways to prevent the spread of infection?
Answer: H_____ H_____
3. What action poses the greater risk of spreading infection – a handshake, a fist bump, or a wave?
A: handshake B: fist bump C: wave
4. What is the average amount of times a person touches their face per hour?
A: 23 times B: 100 times C: once
5. Does washing with soap and water kill organisms?
Answer:
6. Does anti-bacterial hand rub remove or kill organisms?
Answer:
7. Who needs to practice hand hygiene in a healthcare setting?
Answer: E_____
8. What should you do if your hands are visibly soiled or contaminated?
Answer:
9. What is the recommended concentration of alcohol for alcohol-based hand rub?
A: 60-80% B: 40-50% C: 90%
10. When should gloves be used?
Answer:

