# Protocol for Procedure Requiring Standard Aseptic Technique

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| **Risk Assessment** |
| Standard Aseptic Technique is sufficient if: |
| The procedure is technically simple | Short in duration (less than 20 minutes) | Clinician is experienced and competent at performing the procedure | Involved few and small key sites and key parts | Key parts or sites will not be touched |

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| **Environmental controls** |
| Ensure there are no avoidable nearby environmental risk factors, including: |
| Waste management | Cleaning nearby | Bed making | Patients moving | Placement of bed curtains |

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| **Infection Prevention Considerations** |
| Hand hygiene -Clinical wash or ABHR | Gloves - Non-sterile or sterile | PPE -Mask, eye protection | Non-touch technique. Key parts/sites will not be touched |

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| **Prepare for the Procedure** |
| 1. Perform hand hygiene |
| 2. Clean the work surface (tray/trolley), with detergent and water/detergent wipe, allow to dry |
| 3. Identify and gather equipment for procedure |
| 4. Inspect packaging for damage, sterility indicators and expiry dates. Ensure reusable  equipment is clean  |
| 5. Move to where the procedure will take place |
| 6. Perform hand hygiene |
| 7. Prepare the general aseptic field, open equipment using non-touch technique |
| 8. Position and prepare the patient, use gloves where appropriate to protect from exposure to  blood, body fluid or harmful substances.  |

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| **Perform the Procedure** |
| 9. Perform hand hygiene |
| 10. Apply gloves if needed, if key parts/sites will be touched directly, sterile gloves required. |
| 11. Perform the procedure using a non-touch technique, always protect key parts. Sterile items  must be used once and disposed into a waste bag. Only sterile items may come in contact  with key sites and must not come in contact with non-sterile items.  |

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| **Waste Management and Cleaning of Equipment** |
| 11. Upon completion, remove gloves and perform hand hygiene.  |
| 12. Dispose of waste, clean equipment and perform hand hygiene.  |

Aseptic Technique – Protocol for Standard Aseptic Technique Reviewed: 3/2024